

Aisha Rahman

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PROFESSIONAL SUMMARY

Registered nurse with 6 years of adult critical care and progressive care experience in a Magnet-designated academic medical center. Charge nurse on a 24-bed medical ICU at 1:2 acuity, preceptor to 8 new graduate nurses, and unit lead for sepsis bundle compliance. Active Texas RN license (multistate), CCRN and ACLS current, seeking a critical care staff or charge nurse position.

LICENSES & CERTIFICATIONS

License	Texas RN License #123456 — multistate (eNLC), active through Oct 2027, no encumbrances
Resuscitation	BLS, ACLS and PALS (American Heart Association) — all current through Mar 2027
Specialty	CCRN (AACN) since 2023 · TNCC · NIH Stroke Scale certified
Additional	Ultrasound-guided IV insertion · Central and arterial line management · CRRT trained

CLINICAL EXPERIENCE

Registered Nurse II, Charge Nurse — Medical Intensive Care Unit Aug 2022 – Present
Houston Methodist Hospital — 24-bed MICU, Magnet-designated, 1:1 and 1:2 ratios

- Manage 1:2 assignments of mechanically ventilated and vasoactive-dependent patients, including CRRT, prone positioning and targeted temperature management
- Charge nurse for night shift on a 24-bed unit — set acuity-based assignments, coordinate admissions with the house supervisor and respond with the rapid response team
- Preceptor to 8 new graduate nurses through a 16-week residency; 7 of 8 retained on the unit at 12 months
- Unit lead for SEP-1 sepsis bundle compliance — raised documented bundle completion from 74% to 96% across four quarterly audits
- Reduced unplanned extubations on nights by introducing a two-nurse sedation-interruption checklist, since adopted unit-wide
- Unit-based council representative; contributed to a CAUTI rate reduction from 1.9 to 0.6 per 1,000 catheter days

Registered Nurse — Progressive Care Unit (Telemetry) Sep 2020 – Jul 2022
Memorial Hermann Health System — 32-bed PCU

- Carried a 1:4 telemetry assignment including post-cardiac catheterization, non-invasive ventilation, acute stroke and titrated drips
- Completed admission assessments and early-warning escalation for an average of 14 admissions per shift
- Cut medication administration errors on the unit by a third by redesigning bedside handoff and barcode scanning workflow
- Precepted 6 nursing students and 3 new hires to independent practice
- Coordinated discharge planning with case management, therapy and social work for complex placements
- Served on the falls-prevention committee; unit inpatient falls fell 21% over 12 months

Graduate Nurse Resident — Medical-Surgical Rotation Sep 2019 – Aug 2020
Memorial Hermann Health System — respiratory and gastroenterology units

- Completed a 12-month accredited nurse residency across two medical-surgical units with all core competencies signed off
- Achieved IV therapy and blood administration competency within the first six months
- Supported the COVID-19 response, including proning teams and redeployment to step-down critical care

CLINICAL SKILLS

Ventilation: invasive and non-invasive ventilation, weaning and extubation, prone positioning, tracheostomy care
Hemodynamics: arterial and central lines, CRRT, vasoactive and inotropic titration, hemodynamic monitoring

Assessment: head-to-toe assessment, early-warning escalation, ABG interpretation, sepsis screening and SEP-1 bundle delivery

Systems: Epic (EHR), barcode medication administration, CPOE, core-measure and quality documentation

EDUCATION

Bachelor of Science in Nursing (BSN), magna cum laude

2015 – 2019

University of Texas Health Science Center at Houston

- Capstone: early mobility protocols and ICU length of stay
- Clinical rotations: ICU, emergency, respiratory, community health

PROFESSIONAL DEVELOPMENT & MEMBERSHIPS

- American Association of Critical-Care Nurses (AACN) — member since 2019
- American Nurses Association (ANA) — member
- Sigma Theta Tau International — inducted 2019
- Essentials of Critical Care Orientation (ECCO) — completed 2023
- MSN, Acute Care Nurse Practitioner — enrolled, expected 2027

REFERENCES

Available on request.